



# Safer Internet Day – 8th February 2022

## All fun and games? Exploring respect and relationships online

February 8th is Safer Internet Day, a day that is very important to our school and pupils. Now more than ever, our children are spending more time online due to the circumstances in which we find ourselves. Coordinated in the UK by the UK Safer Internet Centre, the celebration sees hundreds of organisations get involved to help promote the safe, responsible and positive use of digital technology for children and young people. Find out more at [www.saferinternetday.org.uk](http://www.saferinternetday.org.uk).

Our school is participating alongside hundreds of other schools across the UK and will be learning about how to use the internet safely and positively.

The theme this year is “All Fun and Games? Exploring respect and relationships online.” These days, most young people have access to the internet with their mobile phone, tablets or laptops so the day aims to raise awareness of online safety for young people. During Safer Internet Day, the children will be learning about the importance of internet safety and will be completing work linked to this theme. Keep your eye on our class twitter pages for updates.



### TOP TIPS FOR PARENTS AND CARERS

YOU AND YOUR FAMILY CAN #PLAYYOURPART IN CREATING A BETTER INTERNET BY...

#### HAVING CONVERSATIONS WITHOUT JUDGEMENT.

WHETHER BY PLAYING GAMES, WATCHING VIDEOS, OR DOING THINGS YOUR CHILD ENJOYS, SPENDING TIME TOGETHER ONLINE IS A GREAT WAY TO START CONVERSATIONS ABOUT THE ONLINE WORLD AND HOW THEY'RE FINDING BEING A PART OF IT. IT IS IMPORTANT TO ASK QUESTIONS AND TAKE AN INTEREST IN WHAT YOUR CHILD ENJOYS ONLINE. AN ESSENTIAL PART OF HAVING THIS OPEN DIALOGUE IS TO NOT JUDGE, EVEN IF THEIR BEHAVIOUR OR LIFE ONLINE ISN'T WHAT YOU WANTED OR EXPECTED. THIS ENSURES THAT YOUR CHILD FEELS THEY CAN COME TO YOU IF EVER THEY MAKE A MISTAKE OR EXPERIENCE A PROBLEM ONLINE.

KNOWING WHERE YOU CAN LEARN MORE ABOUT THEIR FAVOURITE APPS AND GAMES. WEBSITES LIKE COMMON SENSE MEDIA OR THE FAMILY GAMING DATABASE CAN BE INVALUABLE SOURCES OF INFORMATION. WHEN YOUR CHILD STARTS TALKING ABOUT A NEW GAME OR APP, WHY NOT DO SOME RESEARCH INTO THE REPORTING AND BLOCKING OPTIONS AVAILABLE? THEN YOU CAN HELP YOUR CHILD IF THEY COME TO YOU WITH AN ISSUE.

#### GETTING SUPPORT IF THINGS GO WRONG.

THERE ARE LOTS OF ORGANISATIONS WHO ARE THERE TO SUPPORT YOU AND YOUR FAMILY IF SOMETHING HAS GONE WRONG. THE REPORT HARMFUL CONTENT WEBSITE CAN HELP YOU WITH ISSUES SUCH AS CYBERBULLYING, IMPERSONATION AND THREATS. YOU CAN REPORT WORRYING BEHAVIOUR TOWARDS CHILDREN TO CEOP. FIND OUT MORE ON CHILDNET'S GET HELP PAGE. REASSURING YOUR CHILD THAT WHATEVER HAPPENS ONLINE, YOU ARE THERE TO SUPPORT THEM..

### Start the conversation on a positive note:

- What do you like most about the Internet and why?
- How do you have fun using the Internet and technology?
- What's your favourite game, app or website?
- How does going online make you feel?
- How does the Internet and technology make your life better?
- Do you most enjoy going online alone, or with other people?



### Talk about relationships and communicating online:

- Who do you communicate with online? What different methods do you use to communicate online? (E.g. in-game chat, video calls, group chats, etc.)
- What is good about communicating online?
- What can be challenging about communicating online?
- What is different about talking to someone online compared to talking face to face?
- How much can you trust people you only know online?
- What do you and your friends do to keep yourselves safe and happy, when you are chatting and communicating online?

Conversation starters

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[www.saferinternetday.org.uk](http://www.saferinternetday.org.uk)

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Use the following link to watch a short video to see how you can #PlayYourPart and start a conversation with your child.

[https://www.youtube.com/watch?v=94lLqgg\\_3f4](https://www.youtube.com/watch?v=94lLqgg_3f4)



You can find the school's ICT and Online Safety Policy on the school website <https://www.aspullourladys.wigan.sch.uk/documents>



## Family activities

Here you'll find fun and engaging activities that parents and carers can do with children of all ages to support this year's Safer Internet Day theme: 'All fun and games? Exploring respect and relationships online'

Work through these activities with your child to help start conversations about life online and make sense of the digital world together. Find more activities, video content, tips and quizzes at: [saferinternetday.org.uk](http://saferinternetday.org.uk).

All ages

### Spend time online together

This year's theme is a great opportunity to have some fun and games together! Why not get everyone to write their favourite app or game on a slip of paper then take it in turns to pull from a bowl? Spend some time exploring each one as a family. Whether it's creating something together, competing or watching content, look out for the safety features and make a note of what these do, so you know where they are if you ever need them in the future.



### Explore the Childnet website

Explore the Childnet website where you will find activities, quizzes and videos tailor made for children of all ages. There is also information on key topics for parents and carers, advice about specific apps and games, and activities and conversation starters you can use with your whole family.

### Make a family agreement

A family agreement is a great way to start a conversation about how your family uses the internet. As well as the online safety agreement in the Parents and Carers Pack, you can find a more detailed version here: [childnet.com/family-agreement](http://childnet.com/family-agreement).

### 'All fun and games? Exploring respect and relationships online' Films

These films produced by the UK Safer Internet Centre are a great way to start a discussion with your child about how the internet makes them feel and what respect looks like online. There are different videos aimed at younger and older children available here: [saferinternetday.org.uk/sid-films](http://saferinternetday.org.uk/sid-films).



Family Activities

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[www.saferinternetday.org.uk](http://www.saferinternetday.org.uk)

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