

# Our Lady's RC Primary School



## Physical Education (PE) Policy

Date Adopted	Spring 2015
Last reviewed by Staff	Autumn 2023
Person Responsible	Anthony Cregan
Date of Next Review	Autumn 2024
Version	1
Doc Ref	1.19

**Signed:** ..... (Person Responsible) **Date:** .....

**Signed:** ..... (Headteacher) **Date:** .....

**Signed:** ..... (Chair/Governor) **Date:** .....

## Our Core Values & Mission

During Summer 2023 workshops, we revisited both our Mission Statement and Core Values. This involved everyone in discussion, reflection and prayer about the Values and Mission of our Catholic school. There was a calling to all to re-commit to our purpose and to work together to understand our roles and responsibilities as part of Our Lady's



### Our Mission Statement is:



*"Learning and loving together; we grow with Jesus"*

*Our Mission is represented by this design. As with the statement itself, the logo was developed by all stakeholders, with the children in particular providing the symbolic ideas of **growth – the tree, love – the hearts and Christ – the Cross***

### The Core Values that provide the foundation for that Mission are:

'Whoever is kind to the poor lends to the Lord' Proverbs' 19:17 **Kind**

'Love God and love people' Matthew 22:36-40 **Loving**

'You can always turn to the Lord when times are tough' Psalms 9:9-10 **Safe**

'Forgive and you will be forgiven' Luke 6:37 **Forgiving**

'I am the way, the truth, the life' John 14:6 **Honest**

'Rejoice always' Thessalonians 5-16 **Positive**

'Lord, your God shall you worship and him alone shall you serve' Matthew 4:1-11 **Respect**

'Grow in the grace and knowledge of Saviour Jesus Christ' 2 Peter 3-18 **Nurturing**

## **Nurture**

The School's six nurturing principles sum up our practice and theory. They underpin the context, organisation and curriculum.

1. Children's learning is understood developmentally
2. The classroom offers a safe base
3. the importance of nurture for the development of wellbeing
4. Language as a vital means of communication
5. All behaviour is communication
6. The importance of transition in children's lives

## **Introduction**

This document is a statement of the aims, principals and strategies for the teaching of Physical Education at Our Lady's R.C. Primary School. It is in accordance with the School Mission Statement and the National Curriculum.

This policy will be reviewed annually.

We believe that the teaching of high quality PE is essential to the development of the whole child – academic, emotional, spiritual and physical. It should be taught with enjoyment, a sense of achievement and an understanding that physical fitness has a lifelong effect on health and well-being.

We are committed to helping each individual child achieve the outcomes children and young people believe are key to well-being in childhood and later life: be healthy, stay safe, enjoy and achieve, make a positive contribution, achieve economic well-being.

## **Aims**

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lifestyles.

## **Staffing**

Class teachers are responsible for the implementation of Physical Education.

PE is supported by Wigan Warriors.

## **Physical Resources**

Multi purpose hall, hard court area (playgrounds), grass area (playing field), use of Wigan Swimming Pool, use of Hinning House Outdoor Adventure Centre.

There is a central resource area for PE equipment. Resources are audited annually by the P.E. coordinator.

## **Allocation of Physical Education and School Sport**

Foundation Stage

In addition to specific PE lessons the children also participate in regular 'Outdoor Play' activities.

## **KS1 and KS2**

Each class is allocated a morning and an afternoon session in the school hall for PE and performance activities.

Provision is made of Out of School Hours Sport to extend the opportunity for children to participate in additional High Quality PE and School Sport.

## **Out of School Hours Learning**

Out of School Hours Learning is provided by the teaching staff and include, but is not limited to, coaching in football skills, netball, rugby skills and cricket skills.

Adults other than teachers assist in the provision of out of school hours learning and include parents and past pupils.

Outside agencies include Wigan Athletic F.C., Wigan Warriors, Lancashire County Cricket Club, Dance, Judo, Haigh Hall Golf Club.

## **Health and Safety**

All teachers are responsible for safety in their own lessons.

Teachers shall be familiar with the procedures associated with the teaching of particular activities.

Teachers shall position themselves so that they are able to observe the whole class.

If an accident occurs during a lesson all pupils will be asked to stop so that full attention can be given to the injured child.

All teachers are aware of the location of the nearest First Aid Kit and First Aid Guide and are aware of school accident procedures.

Teachers should be fully aware of any child's special needs regarding health e.g. asthmatics.

Where appropriate the children will be shown how to move or set up equipment safely and will not use it until checked by a member of staff.

All teachers shall follow the Health and Safety procedures for Wigan LEA.

Any damage to equipment / apparatus should be reported to the coordinator.

The large apparatus in the hall is checked at least once a year by a specialist.

## **Dress Code**

Teachers – suitable clothing and footwear.

Children – Shorts and T-shirt following school uniform policy. In addition a sweatshirt, tracksuit or jumper may be worn in cold weather outside.

Plimsolls / bare feet for dance, gymnastics and indoor activities.

Training shoes / boots for games, athletics, outdoor pursuits and outside activities.

Long hair should be tied back at all times.

Watches must be removed before a lesson.

Jewellery is not allowed at any time in school.

When football boots are worn, shin guards must also be used unless pupils are only engaged in non-competitive skills practice.

### **Planning**

The PE coordinator is responsible for the school's Long Term Plan for the delivery of PE.

Schemes of work for each class are provided using Wigan Warriors guidance.

Commercially available schemes are used to support the curriculum where appropriate.

Short Term Planning is the responsibility of the PE coordinator, Wigan Warriors and the class teacher.

### **Inclusion**

All children will have an equal opportunity to access the Physical Education curriculum.

Children who forget or lose their PE kit are provided with a 'spare kit'. If a child persistently forgets their kit their parent should be contacted.

If a child is unable to join in a lesson through injury they will be included in the lesson by observing, coaching and evaluating the performance of a partner or group.

Teachers should be fully aware of any child's special needs and will involve them in the lesson appropriately.

Poor behaviour displayed in PE does not result in non-participation unless the safety of the child or others is at risk.

### **Self-Evaluation**

Planning is monitored by the PE coordinator and the Headteacher.

Monitoring takes place alongside strategic planning .

Continued Professional Development is based on monitoring and feedback.

Staff are given opportunities to attend relevant courses.

### **Assessment**

Assessments take place at the end of each unit of work.

Reporting to parents is undertaken in the Autumn and Spring terms through parents evening and annually through a written report.

## **Spiritual, Moral, Social and Cultural (SMSC) development**

Here at Aspull Our Lady's RC Primary school we recognise the valuable and unique opportunity Physical Education provides to further our children's SMSC development. In line with our school mission statement, "*Learning and loving together; we grow with Jesus*" and foundational core values, weekly PE lessons aim to:

1. Support children **spiritually** by encouraging them to develop a sense of enjoyment and fascination in learning about themselves, others and the world around them. Though our well-balanced PE curriculum, pupils use their imagination and creativity to showcase a range of skills including teamwork, sportsmanship and self-reflection which we believe will allow them to progress their own spiritual understanding.
2. Provide opportunities for children to consider their **moral** understanding by teaching them about codes of conduct, etiquette and unwritten rules. Through participating in both competitive and non-competitive activities, children are given the opportunity to adopt leadership roles, respect differences in ability and share ideas in a supportive environment where they can learn to give reasoned views and appreciate the views of others. In doing so, our pupils may develop a deeper appreciation for the importance of laws, understand the consequences for their actions and develop a sense of justice.
3. Create a safe, yet suitably challenging space where both individuals and larger groups can explore and progress their **social** understanding. As well as reinforcing friendships and social mixing through involvement in inter and intra school competitions or clubs, lessons provide opportunities for pupils to cooperate with others from various religious, ethnic and socio-economic backgrounds, solve problems and practise conflict resolution techniques. Throughout their Physical Education, we want our children to develop and demonstrate the skills and attitudes which will allow them to participate fully and contribute positively to life in modern Britain.
4. Enable all pupils to further their **cultural** development by promoting positive attitudes towards different religious, ethnic and socio-economic groups in the local, national and global communities. Fundamentally, this involves: discussing how culture affects what sports different nations excel at; exploring how cultural traditions can affect which sports men and women participate in; and learning games and dances from different traditions, as well as their own. In doing so, students are absorbed into different cultures from around the country, learn respect for their traditions and celebrate diversity within our local and global communities.

## **SDP**

PE is part of the School Improvement Plan and is reviewed annually.