

# Our Lady's RC Primary School



## Physical Education (PE) Policy

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Signed: *Miss Kate Postlethwaite* (Person Responsible) Date: 26/1/2022

Signed: *[Signature]* (Headteacher) Date: 26/1/2022

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# *"Learning and loving together; we grow with Jesus"*

## Our Core Values

During Summer 2020 workshops, we revisited both our Mission Statement and Core Values. This involved everyone in discussion, reflection and prayer about the values, Mission and Aims of our Catholic school. There was a calling to all to re-commit to our purpose and to work together to understand our roles and responsibilities as part of Our Lady's



Our Mission Statement is:

**"Learning and loving together; we grow with Jesus"**

The Core Values that provide the foundation for that Mission are:

Faithful

Positive

Safe

Nurturing

Forgiving

Fair

Respectful

Honest

## NURTURE

The School's six nurturing principles sum up our practice and theory. They underpin the context, organisation and curriculum.

1. Children's learning is understood developmentally
2. The classroom offers a safe base
3. the importance of nurture for the development of wellbeing
4. Language as a vital means of communication
5. All behaviour is communication
6. The importance of transition in children's lives



Our Mission is represented by this design. As with the statement itself, the logo was developed by all stakeholders, with the children in particular providing the symbolic ideas of **growth – the tree, love – the hearts** and **Christ – the Cross**

## Introduction

This document is a statement of the aims, principals and strategies for the teaching of Physical Education at Our Lady's R.C. Primary School. It is in accordance with the School Mission Statement and the National Curriculum 2014.

This policy will be reviewed annually.

We believe that the teaching of high quality PE is essential to the development of the whole child by contributing towards their academic, emotional, spiritual and physical development. It should be taught with enjoyment, a sense of achievement and an understanding that physical fitness has a lifelong effect on health and well-being.

We are committed to helping each individual child achieve the outcomes children and young people believe are key to well-being in childhood and later life: be healthy, stay safe, enjoy and achieve, make a positive contribution, achieve economic well-being.

## Aims

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

## Staffing

Class teachers, with the support of Wigan Athletic Community Trust, are responsible for the implementation of Physical Education.

## Physical Resources

To support PESSPA provision, pupils at Our Lady's Primary are given access to a multi-purpose hall, a hard court area (playgrounds), a grass area (playing field), use of Wigan Swimming Pool, and the opportunity to attend various activities such as Brathay House Outdoor Adventure Centre and Haigh Hall.

There is also a central resource area for PE equipment which is audited annually by the P.E. coordinator.

## Allocation of Physical Education and School Sport

Throughout school, funding is used carefully in order to enhance all aspects of a child's PESSPA development. Alongside weekly, discrete PE lessons, hall and playground rotas provide opportunity for children to remain active throughout the school week whilst supporting active learning by using resources such as our multiplication grid markings.

Within EYFS, in addition to specific PE lessons, our 'Outdoor Play' area is continually updated and refreshed so that both fine and gross motor skills can be supported effectively.

These learning opportunities are further enhanced by various sporting events, activities and competitions held throughout the entire academic year. From swimming galas, to mini-triathlons and outdoor adventure days, accolated funding helps ensure Our lady's Primary can provide a wide range of sporting opportunities to children of all backgrounds and abilities.

## Out of School Hours Learning

In addition to the above aspects, provision is also made for *out of school hours sport* which extends pupil learning and further enriches our PESSPA provision through access to additional high quality PE and School Sport.

This *out of school hours learning* is provided by school staff and covers a broad range of skills involving football, rugby, athletics, netball and cricket. Additional adults including parents and past pupils, whom often have expertise in a given area, are also used to enhance provision and assist in these sessions.

Whilst a member of teaching staff remains present at all times, outside agencies including Wigan Athletic F.C., Wigan Warriors, and Wigle Dance are also used throughout the school year to support *out of hours learning* and extra-curricular activities.

## Health and Safety

Alongside our whole-school PE risk assessment which is updated by the subject leader, teachers remain responsible for the safety in their own

lessons. Therefore, they need to be familiar with the procedures associated with the teaching of particular activities and position themselves so that they are able to observe the whole class.

If an accident occurs during a lesson, all pupils will be asked to stop so that full attention can be given to the injured child. In this instance, as all teachers are aware of the location of the nearest First Aid Kit and First Aid Guide as well as the school accident procedures, any incidents shall be dealt with in the most suitable, effective manner.

To support health and safety, teachers should be fully aware of any child's special needs regarding health e.g. asthmatics.

Where appropriate, the children will be shown how to move or set up equipment safely and will not use it until checked by a member of staff.

All teachers shall follow the Health and Safety procedures for Wigan LEA for and BAALPE.

Any damage to equipment / apparatus should be reported to the coordinator. The large apparatus in the hall is checked at least once a year by a specialist.

## Dress Code

Teachers - suitable clothing and footwear.

Children - Shorts and T-shirt. In addition a sweatshirt, tracksuit or jumper may be worn in cold weather outside.

Plimsolls / bare feet for dance, gymnastics and indoor activities.

Training shoes / boots for games, athletics, outdoor pursuits and outside activities.

Long hair should be tied back at all times.

Watches must be removed before a lesson.

Jewellery is not allowed at any time in school.

When football boots are worn, shin guards must also be used unless pupils are only engaged in non-competitive skills practice.

## Planning

The PE coordinator is responsible for the school's Long Term Plan for the delivery of PE.

Schemes of work for each class are provided using WACT guidance.

Commercially available schemes are used to support the curriculum where appropriate.

Short Term Planning is monitored by the PE coordinator, WACT and the class teacher.

## Inclusion

All children will have an equal opportunity to access the Physical Education curriculum.

Children who forget or lose their PE kit are provided with a 'spare kit'. If a child persistently forgets their kit, their parent should be contacted.

If a child is unable to join in a lesson through injury they will be included in the lesson by observing, coaching and evaluating the performance of a partner or group.

Teachers should be fully aware of any child's special needs and will involve them in the lesson appropriately using a personal challenge based approach.

Poor behaviour displayed in PE does not result in non-participation unless the safety of the child or others is at risk.

## Self-Evaluation

Planning, teaching and assessment is monitored by the PE coordinator alongside the Headteacher and takes place during the PE Focus Week.

Continued Professional Development is based on monitoring and feedback so to ensure staff are given opportunities to attend the most relevant courses.

## Assessment

Assessments take place at the end of each unit of work.

Reporting to parents is undertaken in the Autumn and Spring terms through interviews and annually through a written report.

## Spiritual, Moral, Social and Cultural (SMSC) development

Here at Aspull Our Lady's RC Primary school we recognise the valuable and unique opportunity Physical Education provides to further our children's SMSC development. In line with our school mission statement, "*Learning and loving together; we grow with Jesus*" and foundational core values, weekly PE lessons aim to:

1. Support children **spiritually** by encouraging them to develop a sense of enjoyment and fascination in learning about themselves, others and the world around them. Through our well-balanced PE curriculum, pupils use their imagination and creativity to showcase a range of skills including teamwork, sportsmanship and self-reflection which we believe will allow them to progress their own spiritual understanding.

2. Provide opportunities for children to consider their **moral** understanding by teaching them about codes of conduct, etiquette and unwritten rules. Through participating in both competitive and non-competitive activities, children are given the opportunity to adopt leadership roles, respect differences in ability and share ideas in a supportive environment where they can learn to give reasoned views and appreciate the views of others. In doing so, our pupils may develop a deeper appreciation for the importance of laws, understand the consequences for their actions and develop a sense of justice.
3. Create a safe, yet suitably challenging space where both individuals and larger groups can explore and progress their **social** understanding. As well as reinforcing friendships and social mixing through involvement in inter and intra school competitions or clubs, lessons provide opportunities for pupils to cooperate with others from various religious, ethnic and socio-economic backgrounds, solve problems and practise conflict resolution techniques. Throughout their Physical Education, we want our children to develop and demonstrate the skills and attitudes which will allow them to participate fully and contribute positively to life in modern Britain.
4. Enable all pupils to further their **cultural** development by promoting positive attitudes towards different religious, ethnic and socio-economic groups in the local, national and global communities. Fundamentally, this involves: discussing how culture effects what sports different nations excel at; exploring how cultural traditions can affect which sports men and women participate in; and learning games and dances from different traditions, as well as their own. In doing so, students are absorbed into different cultures from around the country, learn respect for their traditions and celebrate diversity within our local and global communities.

## Development Plan

PE is part of the School Improvement Plan and is reviewed annually.