



PE CURRICULUM OVERVIEW

PE STATEMENT OF INTENT

In recognising PE as an essential contributor to the development of the whole child, we intend to develop pupils' physical competence, whilst contributing to their overall health and well-being, social and emotional understanding and general passion for learning. This is achieved by providing various opportunities to be creative, competitive and work collaboratively in a supportive environment where self-reflection and personal challenge are key. Through a broad and balanced curriculum, we intend that pupils from EYFS to Year 6 will become successful, confident and responsible citizens who value the importance of active lifestyles and develop as independent enquirers, creative thinkers, reflective learners, team workers, self-managers and effective participators.

RECEPTION

AUTUMN TERM	SPRING TERM	SUMMER TERM
Gymnastics	Dance	Team games Develop agility

YEAR 1

AUTUMN TERM	SPRING TERM	SUMMER TERM
Gymnastics – balance and coordination Gymnastics – developing simple movements patterns	Dance – developing coordination both individually and with others Dance – developing agility	Participate in team games developing simple tactics and agility.

YEAR 2

AUTUMN TERM	SPRING TERM	SUMMER TERM
Gymnastics – balance and coordination Gymnastics – developing simple movements patterns	Dance – developing coordination both individually and with others Dance – developing agility	Participate in team games developing simple tactics and agility.

YEAR 3

AUTUMN TERM	SPRING TERM	SUMMER TERM
Gymnastics – develop flexibility, strength, technique, control and balance Throwing catching and coordination – individual and team games	Competitive games - Throwing and catching in combination and isolation Dance – perform using a range of movement patterns and sequences.	Orienteering Striking and fielding Play competitive games whilst communicating and competing with others.

YEAR 4

AUTUMN TERM	SPRING TERM	SUMMER TERM
Gymnastics – develop flexibility, strength, technique, control and balance Throwing catching and coordination – individual and team games	Competitive games - Throwing and catching in combination and isolation Dance – perform using a range of movement patterns and sequences.	Orienteering Striking and fielding Play competitive games whilst communicating and competing with others.

YEAR 5

AUTUMN TERM	SPRING TERM	SUMMER TERM
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Gymnastics – develop flexibility, strength and technique. Compare performances. Target games – throwing and catching.	Competitive games – apply and develop a broad range of skills whilst competing with others. Dance – use a range of movements and patterns	Orienteering Striking and fielding Play competitive games whilst communicating and competing with others.
YEAR 6		
YEAR 6		
AUTUMN TERM	SPRING TERM	SUMMER TERM
Gymnastics – develop flexibility, strength and technique. Compare performances. Target games – throwing and catching.	Competitive games – apply and develop a broad range of skills whilst competing with others. Dance – use a range of movements and patterns	Orienteering Striking and fielding Play competitive games whilst communicating and competing with others.